

Subjects Covered:

People Skills: Dealing with difficult and diverse personalities and managing the work environment in response to these differences.

Decision Making: Learning how to make good decisions and control impulsive ones.

Money Matters: Recognizing the difference between needs and wants in a consumer-based society and learning wise stewardship of resources.

Workplace balance: Understanding the reasons for work, setting priorities and balancing work with family and friends.

Time management: Setting priorities in a performance-oriented society and managing time.

Perseverance: Recognizing and combating lethargy and apathy, finding motivation to persevere and finding joy in the difficult.

Change: Understanding the nature of change and our resistance to it, developing an environment for change and restoring and transforming lives.

Community Building: Making connections with individuals and the community to develop the self and to find a deeper, more fulfilling life.

Conflict Resolution: Learning the language of reconciliation and apology to build relationships at home and work, and learning how to manage conflict and build bridges.



All Saints Academy

An Outreach Ministry
of All Saints
Anglican Church

All Saints Academy

P O Box 131, Durango CO 81302

Phone: 281-615-7080

Email: ewfowler@sbcglobal.net

www.allsaintsdurango.org



*Life skills classes that
address the whole person*



*An outreach to ex-
offenders, the addicted,
the homeless and the
battered*

Life Skills Classes

All Saints Academy teaches life skills to those who have struggled with incarceration, addiction and homelessness as well as those who have suffered domestic violence.

Our classes, taught from a biblical perspective, are open to all.

A 'Whole Person' Approach

The course is designed to fill in the gaps between other programs to deal with the individual's physical, emotional and spiritual needs.

Classes are open to both men and women and students can enter the course at any point.

Meeting Time & Location

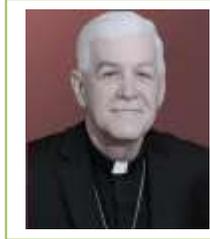
The classes meet the first and third Tuesdays of the month from 5:30 to 7 p.m. in the Conference Room, Durango Recreation Center, 2700 Main.

Registration

Classes are offered at no charge. Students are asked to register by contacting Rev. Fowler at 281-615-7080 or at ewfowler@sbcglobal.net.

About the Instructor

The Rev. Edward W. Fowler has more than 13 years' experience teaching and mentoring in



prison and re-entry. He served as mentor and teacher in InnerChange Freedom Initiative, a division of Prison Fellowship, and has been

involved in developing aftercare services for ex-offenders.

He volunteered at WorkFaith Connection, a Houston non-profit created to assist those in difficult circumstances to find and maintain a job, and served on the board of The Refuge Community Development Center, an inner-city Houston non-profit.

He is vicar of All Saints Anglican Church, Durango.

About All Saints Anglican Church

All Saints Anglican Church has been extensively involved in Good News Jail & Prison Ministry. Church members have organized and staffed the library, arranged fundraisers, led a women's ministry and an addiction recovery group and participated in Angel Tree, which provides Christmas presents to inmates' children. All Saints' previous minister, the Rev. Marvin Moncrief, served in a dual capacity as vicar of All Saints and chaplain of the La Plata County Jail. Two church members serve on the Good News Jail & Prison Ministry Presidents Council.

Members also volunteer with Manna Soup Kitchen, the Salvation Army and other community initiatives.

All Saints Anglican is a mission church of the Reformed Episcopal Church (REC).

